

# Journey of the Soul: The Astral Plane

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Presented By  
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Following physical death, we all enter the first phase of the life between earthly lives: the great Astral plane. Life upon the Astral plane is a truly unique experience, as it offers us the opportunity for tremendous healing, through self-assessment, forgiveness, and, yes, "confrontation". It is the last bit that has caused so many authors to depict the Astral plane in a negative light. But, nothing could be further from the truth.

Astral means "star". It is a world of light. For some unfortunate souls, the Astral plane can be rather challenging, but for most of us, we continue to grow and learn; mostly about our true natures and those of our friends, families, and "enemies".

This class will address the truth about the Astral plane and, hopefully, help you understand why it is often called a world of glamour and illusion. We will discuss:

- The true nature of the Astral plane, for both the incarnate and discarnate soul.
- What do we do once we pass through the portals of earthly life?
- The truth about Illusion.
- Astral death and entering the next phase of life.

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